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Medicine For The Soul: The Complete Book Of Shamanic Healing



Synopsis

A complete study course in classical and cross-cultural shamanism, teaching the reader all s/he ever needs to know about shamanism, shamanic healing, soul retrieval, spirit extraction, house cleansing, cleaning the energy body, working with the souls of the dead – and much more.

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Customer Reviews

Ross Heaven is a psychologist and healer and the director of The Four Gates Foundation, one of Europe's leading organisations for the preservation and teaching of indigenous wisdom.

This book was excellent, and probably the most practical book on shamanism, magick and spiritual healing you will find. I read about a book a week, and many are on shamanic/spiritual practices, but I have yet to find one this hands on and practical in the way that do many books promise, but rarely deliver. This book also offers a certification at the end if you take a test, and submit your work journal. I was a bit skeptical if a certification from a book would merit anything, but this book is very thorough and in depth. I've taken many classes on shamanic practices and other types on healing, and this book has everything you need. If you work your way through all the exercises in this book, you will have a lot of practice under your belt, and a lot of the exercises make you test your own results, so you will know exactly how proficient you really are. This book covers all the info and training you need to become a healer, but does not offer lots of background, theory, studies or culture. It is almost exclusively training exercises. That being said, if you are new to shamanism, this book will be a great aid, but you might want something less practical and more info oriented to balance the hands on nature of this book. Overall, a great book, and highly recommended!

Really good book sans fluff. It is choc-full of techniques to help yourself and others. It explains rationale and aids in personal growth and development. Really happy to have this in my library for reference. I may even work towards certification.

Great book for those exploring shamanism as a novice or to review concepts and practices. The author explains various rituals and how to do them. He also explains the what, why and how to Shamanic practices while interweaving the historical and geographic relevance. An excellent manual for the newly practicing, and a good read. Well written!

Reading this book has opened me up to a whole new world of healing for myself and my Reiki clients. I have recommended this book highly to many others interested in the subject.

A mystery school in a book. Awesome!

Comprehensive no nonsense peek into Shamanic practices. Well written and organized.

Not only a great road map for shamanic healing, also a great road map to living a divinely inspired life.

Excellent explanation on a very difficult subject. Will be reading all other books published by Ross.

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